Before placing your order, please inform your server if a person in your party has a food allergy.

## BREAKFAST SANDWICHES

substitute: gluten free bread, croissant, brioche or bagel 2

BACON, SAUSAGE, VEGGIE SAUSAGE OR HAM over hard eggs and cheddar on an english muffin
8
(vG) EGG WHITE DELIGHT scrambled egg whites, tomato, spinach and goat cheese on an english muffin
(v) VEGAN SAUSAGE arugula, pickled red onion and red pepper hummus on a pretzel roll

LOADED SANDWICH over hard eggs, sausage, hash brown, cheddar and spicy maple aioli on a bagel

## OMELETS AND SKILLETS

served with: three eggs, multigrain toast and home fries
(vG) VEGGIE SKILLET marinated yellow tomato, portabella, onion and feta 15
PANCETTA SKILLET onion, roasted red pepper and provolone
JOHNNY CASH SKILLET bacon, tomato and vermont white cheddar
CHORIZO OMELET mushroom, onion and pepperjack
(vG) BASIL OMELET spinach, onion, roasted garlic and goat cheese
PORK BELLY OMELET red pepper, onion, jalapeno and cheddar

## ENTREES

(v) VEGAN PARFAIT coconut yogurt, raspberry coulis and house granola

TWO EGG BREAKFAST applewood bacon, home fries and multigrain toast
(vG) STREUSEL FRENCH TOAST maple cinnamon pears
(v6) BUTTERMILK PANCAKES raspberry coulis 14
(VG) HEALTHFUL egg whites, onion, pepper, mushroom and spinach with fruit and multigrain toast
BREAKFAST TACOS tomatillo salsa, scrambled eggs, pasilla pepper sauce, cotija and pork belly in flour tortillas

## SIDES

bagel, home fries 4 | ham, bacon, sausage 5 | cup fruit, vegan sausage $\mathbf{6}$ | bowl fruit 9

GF GLuten free
(voa) VEGAN OPTION AVAILABLE

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## APPETIZERS

GRILLED CHICKEN FLATBREAD mozzarella, red onion and house barbecue sauce

## SALADS

add:anchovies 4 | tofu 5 | grilled chicken 7 | beyond patty 7
(6)(V) HOUSE spring mix, pickled red onion, cherry tomato, shredded carrot with herb citrus vinaigrette

CAESAR romaine, garlic herb croutons and parmesan with caesar dressing
(6) SPINACH cashews, pomegranate seeds, apple, pancetta and goat cheese with honey vinaigrette
(v) NAPA CABBAGE soba noodles, pickled onion, carrot and scallion with orange sesame vinaigrette

## SANDWICHES

choice of: french fries, sweet potato fries, potato chips or side house salad substitute: soup 3
(va) VEGGIE VO provolone, marinated yellow tomato, portabella, pickled onion, carrot, chipotle aioli and arugula on wheatberry | add: grilled chicken $\mathbf{7}$ | fried tofu $\mathbf{5}$

HUMMUS WRAP shredded carrot, roasted cauliflower, red onion, spinach and lemon tahini in a whole wheat wrap | add: grilled chicken $\mathbf{7}$ | fried tofu $\mathbf{5}$

BREADED CHICKEN WRAP bacon, avocado, romaine, tomato and chipotle aioli in a whole wheat wrap
HOUSE ROASTED TURKEY roasted red pepper, red onion, arugula, bacon and basil aioli on focaccia
GRILLED CHICKEN spinach, pickled onion, provolone and lemon dill aioli on focaccia
(v) BEYOND BURGER lettuce, tomato, red onion and basil aioli on a pretzel roll

COUNTRY BURGER hurlburt beef, lettuce, tomato, red onion and vermont cheddar on a brioche roll
local hurlburt beef: blend of grassfed: short rib, brisket, top and bottom round
add: sautéed mushrooms $\mathbf{1}$ | sautéed onions $\mathbf{1} \mid$ egg $\mathbf{1 . 5} \mid$ bacon 2

## SIDES

french fries, sweet potato fries, chips, house salad 4 | caesar salad 6
(GF) GLUTEN FREE

