

Before placing your order, please inform your server if a person in your party has a food allergy.

BREAKFAST SANDWICHES

substitute: gluten free bread, croissant, brioche or bagel 2

	BACON, SAUSAGE, VEGGIE SAUSAGE OR HAM over hard eggs and cheddar on an english muttin	8
VG	EGG WHITE DELIGHT scrambled egg whites, tomato, spinach and goat cheese on an english muffin	8
v	VEGAN SAUSAGE arugula, pickled red onion and vegan chipotle aioli on a pretzel roll	10
	FRENCH TOAST SANDWICH scrambled eggs, chorizo and cheddar between multigrain french toast	13

OMELETS AND SKILLETS

served with: three eggs, multigrain toast and home fries

substitute: egg whites or fruit 2

FARMERS OMELET onion, bell pepper, bacon, ham and cheddar	15
CHORIZO OMELET green onion and provolone	15
ARUGULA OMELET cherry tomato, basil, bell pepper and goat cheese	15
VEGGIE SKILLET spinach, cherry tomato, portabella and feta	15
IOHNNY CASH SKILLET bacon, cherry tomato and cheddar	15

ENTREES

VG

(VG)

v	VEGAN PARFAIT coconut yogurt, berry mint compote and house granola	13
	*TWO EGG BREAKFAST applewood bacon, home fries and multigrain toast	14
VG	STREUSEL FRENCH TOAST cinnamon apple compote	14
VG	BUTTERMILK PANCAKES berry mint compote	14
VG	HEALTHFUL egg whites, onion, bell pepper, mushroom and spinach with fruit and multigrain toast	16
<i>)</i>	STUFFED POBLANOS chorizo, bell pepper, onion, cotija and cilantro crème with side of scrambled eggs	17
v	HUMMUS TOAST pickled onion, bell pepper and scrambled tofu on sourdough	17

SIDES

bagel, home fries 4 | ham, bacon, sausage 5 | fruit cup, vegan sausage 6 | fruit bowl 9

















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APPETIZERS

- **SWEET CHILI CHICKEN WINGS** bleu cheese or ranch dressing
- FRIED BRUSSELS SPROUTS maple syrup, sriracha, bleu cheese crumbles and bacon

16

15

12

13

15

SALADS

- add: anchovies 4 | tofu 5 | grilled chicken 7 | beyond patty 7 | beef patty 7
- (F) V HOUSE spring mix, pickled red onion, cherry tomato and shredded carrot with herb citrus vinaigrette

 CAESAR romaine, garlic herb croutons and parmesan with caesar dressing
- (GF) (VG) HARVEST SALAD (VOA) arugula, walnuts, apple, craisins and bleu cheese crumbles with apple vinaigrette
- (GF) (v) SPINACH SALAD poached pear, roasted sweet potato, red onion and pepitas with maple vinaigrette

SANDWICHES

choice of: french fries, sweet potato fries, potato chips or side house salad **substitute:** soup **3**

AVOCADO (voa) provolone, tomato, red onion, avocado, chipotle aioli and arugula on grilled wheatberry

add: grilled chicken 7 | fried tofu 5

15

VEGGIE WRAP avocado, hummus, bell pepper, arugula, portabella and tomato in a whole wheat wrap
 add: grilled chicken 7 | fried tofu 5

15

SHAVED STEAK SANDWICH bell pepper, red onion and provolone on sourdough with beef au jus

17 17

HOUSE ROASTED TURKEY bacon, lettuce, tomato, red onion and basil aioli on multigrain

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PULLED PORK GRILLED CHEESE barbecue sauce, bacon jam and cheddar on sourdough

17

BEYOND BURGER lettuce, tomato, red onion and avocado with garlic aioli on a pretzel roll

17

*COUNTRY BURGER hurlburt beef, lettuce, tomato, red onion and cheddar on a brioche roll local hurlburt beef: blend of grassfed: short rib, brisket, top and bottom round

17

SIDES

french fries, sweet potato fries, chips, house salad 4 | caesar salad 6













